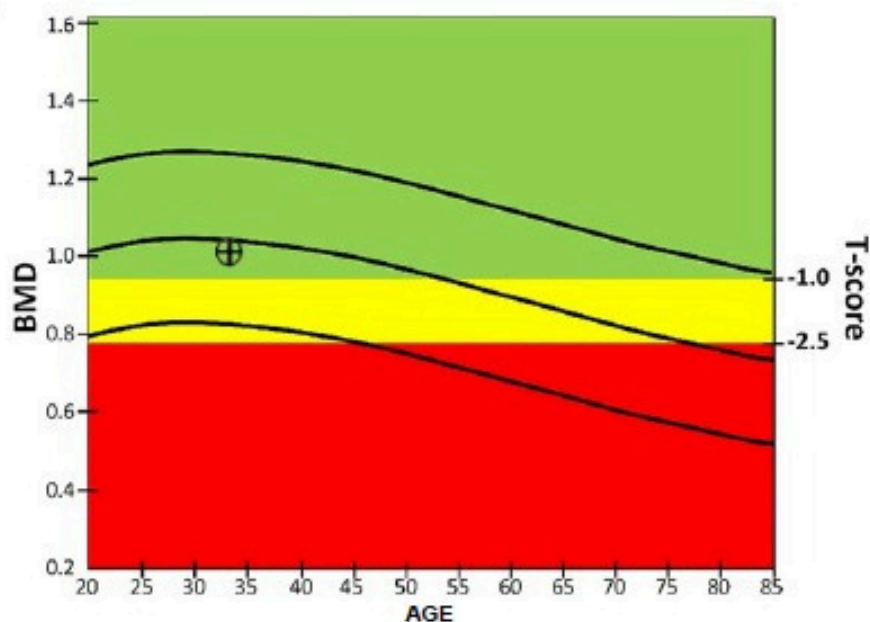


Exam date: 02/07/2020 16:59:27

Family Name: PATIENT Name: TEST

Date of Birth: 29/06/1987 Age: 33y Gender: F Weight: 58 kg H: 163 cm BMI: 21.83 kg/m²

REMS densitometry: SPINE

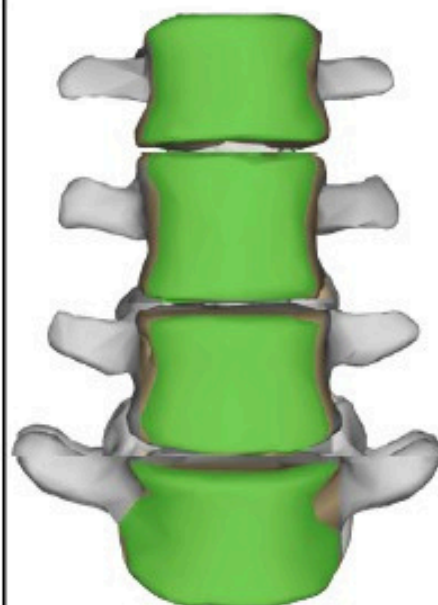


	BMD g/cm ²	T-score	Z-score	Diagnosis
Total	0.995	-0.5	-0.4	Normal

Fracture Risk Assessment

Fragility Score - Spine 19.8/100

5-year Risk of Major Osteoporotic Fracture ≤ 5%



	BMD	T-SCORE
L1	0.876	-0.5
L2	0.989	-0.4
L3	1.026	-0.5
L4	1.06	-0.5

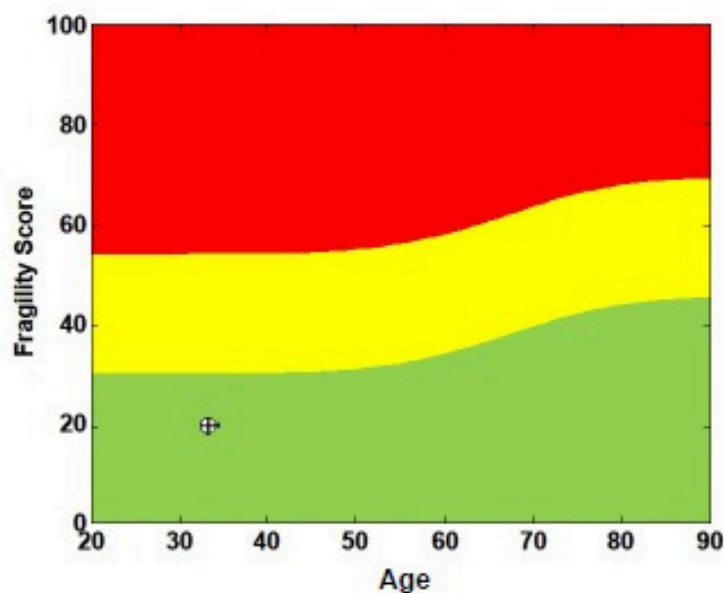
NOTES / DIAGNOSTIC RESULT

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Fragility Score REMS: Spine



Fragility Score

19.8

Fragility Score is an indicator of the quality of bone structure independent of BMD

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REMS Total Risk for Major Osteoporosis Fractures

Combining Matrix of REMS BMD and Fragility Score

		REMS T-SCORE classification		
		NORMAL	OSTEOPENIA	OSTEOPOROSIS
REMS FRAGILITY SCORE Classification	NORMAL	R1	R3	R5
	DECREASED	R2	R4	R6
	LOW	R3	R5	R7

Total Fracture Risk at 5 years (‰)

Risk class	Risk of major osteoporotic fracture per 1000 subjects per 5 years
R1	≤ 5
R2	[5-10]
R3	[10-20]
R4	[20-35]
R5	[35-60]
R6	[60-100]
R7	> 100

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BODY COMPOSITION		Measured	Normal Range
BMI		21.83 kg/m ²	15.5-24.9 kg/m ²
Total Body Weight		58 kg	58.45 kg
Body FAT		27.5%	23-26%
Basal Metabolism		1331.3 kcal/day	
Activity Metabolism	Sedentary Moderately active Very active	(little or no exercise): (moderate exercise/sports 3-5 days): (hard exercise/sports 6-7 days):	1597.6 kcal/day 2063.5 kcal/day 2296.5 kcal/day

BODY FAT					
Years	Underweight	Slim	Fit	Overweight	Obese
19-24	< 19 %	19-22 %	22-25 %	25-29 %	> 29 %
25-29	< 19 %	19-22 %	22-25 %	25-29 %	> 29 %
30-34	< 20 %	20-23 %	23-26 %	26-30 %	> 30 %
35-39	< 21 %	21-24 %	24-28 %	28-31 %	> 31 %
40-44	< 23 %	23-26 %	26-29 %	29-33 %	> 33 %
45-49	< 24 %	24-27 %	27-31 %	31-34 %	> 34 %
50-54	< 27 %	27-30 %	30-33 %	33-36 %	> 36 %
55-59	< 27 %	27-31 %	31-34 %	34-37 %	> 37 %
≥ 60	< 28 %	28-31 %	31-34 %	34-38 %	> 38 %



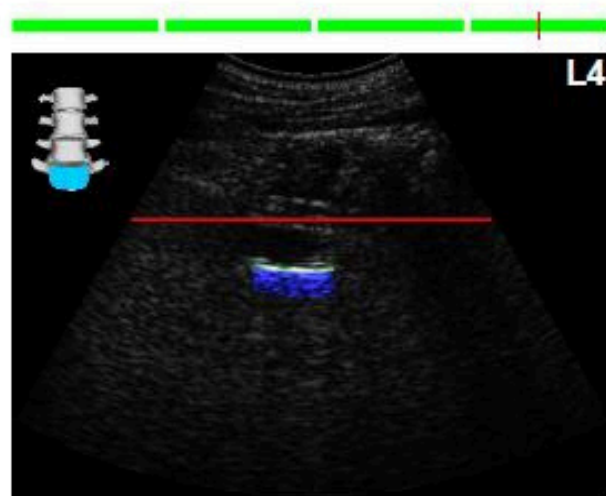
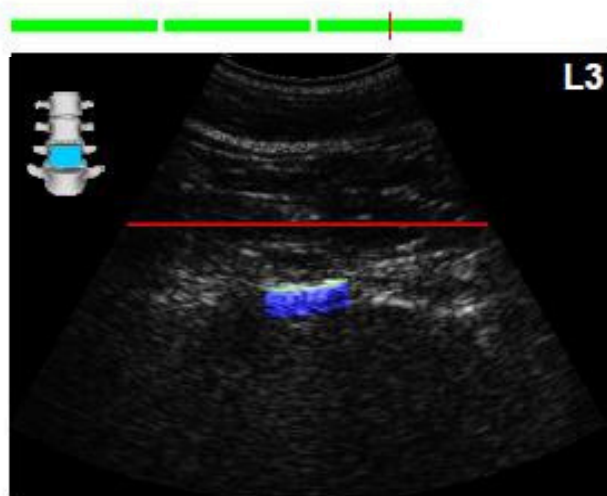
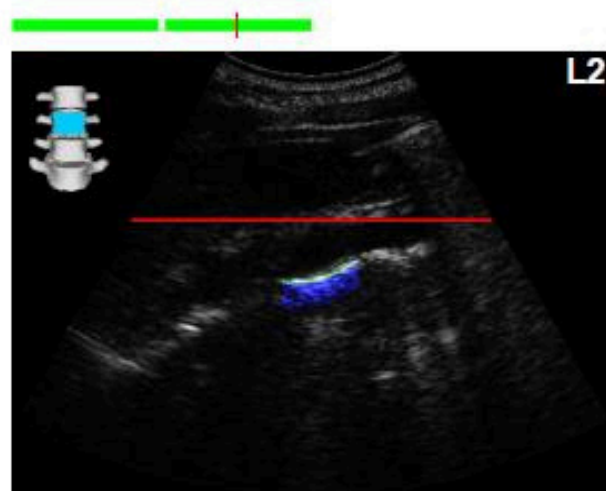
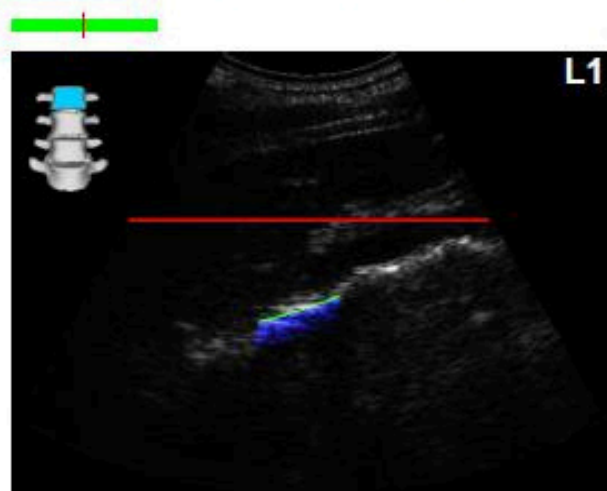
BODY MASS INDEX				
Underweight	Normal	Overweight	Obese	Ext. Obese
<18.5	18.5-24.9	25-29.9	30-34.9	>35
				
	BMI= 21.83			

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L1-L4 acquisition sample for Focus and Depth verification *



*not for diagnostic purposes